

# Concealed Carry Session

For this session, you'll need two targets with center-mass and head-shot areas. These can be premade targets or simply a paper plate and a 3x5 card or Post-it note.

The purpose of this training session is to run your gun the way you ACTUALLY carry it.

You can run this session from the low-ready position if you don't feel comfortable yet with your draw.

Any misses and overtime shots are counted as a negative. 24 total points available

## 3 yards - 8" center mass and 3x5" headbox

Draw and fire 2 rds to center mass in 2 sec. (strong hand only)

Draw and fire 2 rds to center mass in 2 sec. (strong hand only)

Draw and fire 2 rds to center mass and 1 rd to the head in 3 sec.

Draw and fire 2 rds to center mass and 1 rd to the head in 3 sec.

## 5 yards - 2 targets needed

Draw and fire 2 rds to center mass on each target in 4 sec.

Draw and fire 2 rds to center mass on each target in 4 sec.

## 10 yards - 2 targets needed

From the low ready fire 2 rds to center mass on one target in 4 sec.

From the low ready fire 2 rds to center mass on each target in 5 sec.

Score:


*\* When you can routinely run this session with few to no misses consider making the training harder. Add in movent "off the x", verbalizing "drop your weapon", increasing your distances, or decreasing your times.*